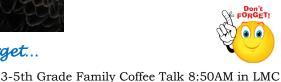


CCC K-8 **Friday Notes**

Friday, April 1st, 2022

Attendance Line - 303-982-3425



PTSA

Please join us for our next PTSA Meeting. Our C3AC meetings will be every quarter.

Monday, April 11th, 2022 6:00 PM

CMAS Testing

NO SCHOOL FOR STUDENTS

CMAS testing for students in 3rd-8th grades begins next week. Please see the attached explanation of CMAS, test taking tips, and schedule for specific days/times of testing. If your student is in 5th-8th grade and they take their Chomebook home, make sure they bring the fully-charged Chromebook AND charger to school with them beginning on Monday.

Federal School Meal Waivers: No Longer Available for 2022-23

It was recently announced that the federal waivers currently in place for school meals will not be extended into the 2022-23 school year. Without a waiver extension, we will return to a more traditional service where meals are not universally free. Therefore, it will be essential that families complete a free and reduced meal application when it is available on Friday, July 1 for the 2022-23 school year. We will continue to communicate these changes extensively as we move towards the next school year.

Lost and Found

We currently have a large amount of unclaimed items in our Lost and Found located in the Cafeteria. Please remind your student to look through the items to see if anything belongs to them.

If you have any questions about our PTSA, please contact Tami Lawson (tamikrislawson@hotmail.com). You can support PTSA by joining Amazon Smile for CCC K-8 PTSA and enrolling in the CCC K-8 PTSA King Soopers Rewards program. Directions are on the PTSA website (ccck8ptsa.org).

Activities Corner

After School Enrichment (ASE)

Wednesday-Friday until 6:00. ASE is only on days with a full day of school.

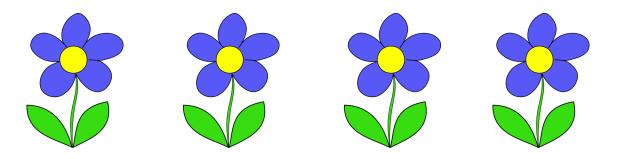
No ASE on holidays, FLEX days or Teacher Professional Learning Days.

Challenger Sports Summer Soccer Camps

Challenger Sports will be hosting soccer camps at CCCK-8 the week of August 1st through the 5th. Lena Benisch is looking for a parent liaison to assist the



Challenger staff that week. Please email her at lena.benisch@gmail.com if you are interested in helping out.



Don't Forget...

April 8th

April 22nd

Mental Health Resources

Please check out the Jeffco Public Schools Mental Health Hub for additional information and resources.

I Matter.



COLORADO Office of Behavioral Health



Mental health challenges in children and adolescents across Colorado are real and widespread. Even before the pandemic, an unacceptable number of young people were having a hard time recovering from current or past trauma and coping with feelings such as sadness and hopelessness that can be difficult to talk about out loud.

We are all navigating through unprecedented times and changes since the COVID-19 pandemic began. These changes have impacted youth in multiple ways including living with heightened stress and anxiety and fear, transitions to and from online classes, school closings, and changes in how we all interact and connect with others.

To address this mental health crisis, the State of Colorado has launched the <u>I Matter</u> program to provide access to free therapy sessions for youth in Colorado.

- The program is open to youth 18 years of age or younger or 21 years of age or younger if receiving special education services.
- Youth and their parents can visit the platform at <u>iMatterColorado.org</u> to take a confidential online survey about their mental health and schedule sessions with a licensed behavioral health clinician, primarily via telehealth.
- A Spanish language version of the program can be found at <u>YeimpertoColorado.org</u>, and the program has clinicians who can provide sessions in Spanish.

If you'd like to spread awareness about the program, you can access the program's digital toolkit at <u>bit.ly/iMatterColorado</u> for graphics to share on social media, and more. If you have general inquiries about the program, please email Laura.Gabbay@state.co.us.